

## FREQUENTLY ASKED QUESTION

### What is the difference between Self-Contained and Lodge?

Self- Contained Housing have kitchens for you to do your own cooking and you would do your own cleaning.

In a Lodge, you have a bed/ sitting room. Meals and weekly housekeeping are provided and non-medical staff are available 24 hours a day.

### How long is the wait?

Applicants are prioritized based on their needs. If you have a high housing and services need, and are flexible about location, then the wait could be shorter. If you only want a specific location and your need is relatively low then your wait could be longer.

### Can I apply before I'm 65?

You must be 65 to apply for Self-Contained and Lodge. For couples, one person needs to be at least 65.

### Do I need to have a medical before applying for Self- Contained or Lodge?

Yes, we do require a medical. You can submit the application as long as a medical is to follow in the near future. We cannot add you to our waiting list until the application and the medical is complete. This applies to both Self-Contained and Lodge.

### Are pets allowed?

No, pets are not allowed at any of our Self- Contained facilities and Lodge. This includes small dogs, cats, birds and fish.

### Do you have medical staff?

No. Individuals requiring medical supervision are not eligible for our accommodation as we do not have medical staff at any of our locations. Seniors living at Self- Contained and Lodge must be functionally independent. Many of our residents receive Home Care from Alberta Health Services.

### What is Functional Independence?

Functional independence is the physical, mental and emotional ability to look after your own personal needs and be able to interact socially with other residents.

Examples of functional independence include:

- Able to maintain your room in a tidy condition.
- Live amicably with fellow residents and staff.
- Willing to follow the residential lease and or terms of occupancy agreement.
- Maintain appropriate personal hygiene.
- Able to get from your room to the dining room for meals.