

### **Kathy's "K"orner:**

Welcome to 2012. We have already had an interesting January with additional volunteers. Thanks to everyone for making Westview Lodge a hospitable place for members of our community to feel welcome, and incidentally, add to our enjoyment with their willingness to play games, cards, visit, serve coffee\*whatever needs to be done!

Vigilance to keep the cold/flu bugs at bay is appreciated. Also, we notice and appreciate everyone dressing appropriately to make the trek through the link.

Progress on the second phase of the new Westview Lodge is noticeable. The remote controlled packer looked like fun, though the operator told me that it become more like work as the day wore on! Cranes to assist with the framing will be interesting to watch \* probably the first week of February.

Let us know how you like the new format for the newsletter. I guess, typically for women, we just have too much to say and needed to make a change!

### **Norma's News:**

The afternoon of the fourth Wednesday of each month is the time where we will schedule our new program "Edible Art". We do not have use of a stove/oven so our creativity is limited. The purpose of this program is not to feed every one, but if we make extras we will pass it around at coffee time. Please join us at 1:00 in the 2nd floor activity room.

February 2012 has five Wednesday's; February 29 is the fifth and last Wednesday. We have invited a local historian, Pat McDonald to join us for coffee at 2:00. Pat has a slide show and presentation about the Pioneer History of Rocky Mountain House. This will be like walking back in time for many of us. We would like to encourage every one to come for coffee in the Activity Room on the 2nd floor. Please note the different location for coffee today as we want to have room for everyone. Coffee will still be available in the dinning room and 2nd floor coffee room.

Activities for Creative Past Times on Friday afternoons will be posted closer to each date.

There is always activity happening in the wood working shop on Tuesday and Thursday mornings. Everyone is welcome to come, even if you just want to see what is happening.

### **Nellie's "Nyheder" or News:**

We have 2 new volunteers: John and Francis, please join them on Tuesdays at 6:30 for Card Bingo on the 2nd floor and Thursday evenings in the Library, also at 6:30, for games and visiting.

Valentine's Day comes early to Westview Lodge!! Feb. 11, Anita Cermak and her musical friends will be here to entertain you all. This will be in the Dining Room.

We will be starting with Yoga again on Wednesdays at 10:30--come join us for some good stretching.

**PLEASE CHECK THE WHITEBOARDS DAILY!**